

Wendo – Women do it!

Feminist assertiveness, self-defence and violence prevention

through courses, workshops, seminars and information materials

Target group

➔ inclusive and interdependent approach in all measures



Women

Girls

Mothers and daughters

Women with disabilities

Girls with disabilities

Women with a history of flight and migration - Refugee Wendo



Core of the preventive approach in Wendo

Focus on Gender Injustice

Gender norms

Violence in gender relations

Difficulty of recognising and naming boundary violations and violence for women and girls