Everyone has the right to a non-violence life, including at home!
Domestic violence is prohibited by law. Nobody must endure domestic violence or be ashamed of it. There are ways to seek support. We look for solutions together and provide advice as well as support in achieving a peaceful future for yourself and others.

What is domestic violence?
- Violence between two adults who live or have lived together in the past
- Domestic violence can occur in partnerships or between relatives
- Domestic violence can occur once, continuously, or repeatedly at irregular intervals
- Domestic violence is prohibited by law and constitutes a criminal offense

Who is affected by domestic violence?
- Women are affected most often by domestic violence
- Around one in four women in Germany have experienced violence from her (ex) partner at some point in her life
- Every woman can be affected, irrespective of where she comes from, her occupation or age
- Children suffer from violence between parents
What forms of domestic violence are there?

- Physical violence: hitting, pushing, kicking, etc. or threatening to do so
- Psychological violence: insulting, humiliating, intimidating, etc.
- Sexual violence: rape or sexual harassment
- Social violence: prevention of contact with other people, social isolation
- Economic violence: financial control
- Digital violence: insulting, degrading, harassing, etc. on the internet and digital networks
What can I do if I am affected or if I have a friend/neighbour/colleague who is affected by domestic violence?

There are advice centers for example:

- Those affected or their relatives are advised there, and a solution is sought together
- You will be provided with information on legal and financial topics (e.g. securing a livelihood, violence protection laws, questions about care and contact regulations, foreigner laws)
- Interpreters support the consultation
- All information is treated confidentially, and reports can be submitted anonymously
- The consultation can be cancelled at any time, it does not oblige you to anything
- The consultation is free of charge

Beratungs- und Interventionsstelle (Frauen helfen Frauen e.V. Marburg)

Alter Kirchhainer Weg 5
35039 Marburg
Tel: 06421-161516
beratung@frauenhaus-marburg.de
Mon, Tue, Wed, 10 am-1 pm
Thu 4 pm-7 pm

There are also women’s shelters:

- You and your children can live here for a while
- The workers at the shelter support you towards leading an independent and non-violent life
- The address is kept secret in order to protect the women and their children seeking shelter
- You can move out at any time

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